

9. SAMPLE DAILY SCHEDULE

Below is a sample daily schedule to illustrate a day in the life of a Nominee during Jimmys Week in NYC. This is sample schedule and is not necessarily indicative of a set schedule for any Nominee or single rehearsal day. The sample schedule is intended to be a tool in helping Nominees prepare themselves for the rigor and pacing of this 10-day intensive.

7:00am	Cafeteria Opens for Breakfast
8:30am	Physical Warm Up (30 minutes)
9:00am	Opening Number Staging Rehearsal (1 hour, 30 minutes)
10:30am	Closing Number Vocal Rehearsal (30 minutes)
11:00am	Solo Song Coaching Sessions (1 hour, 30 minutes)
12:30pm	Lunch (1 hour)
1:30pm	Guest Speaker Q&A (1 hour)
2:30pm	Solo Song Coaching Sessions (1 hour, 30 minutes)
4:00pm	Performance Group Rehearsals (2 hours, 30 minutes)
6:30pm	Dinner (1 hour)
7:30pm	Opening Number Staging Rehearsal (1 hour)
8:30pm	End of Day